



# Just for you!!

(and your baby)



## Home Visiting Nurses

- Snow Berger, RN, MN
- Erika Boyd, RN, BSN, BSW
- Trish Dauer, RN, BSN
- Lisa O'Neil, RN, BSN, IBCLC

## Program Supervisor

**Gina Veloni, PhC, MN, RN**

**Infant Mental Health Specialist**

## Little Red School House Nurse Family Partnership

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**A program for first-time  
mothers and their  
families**



A program of...

*Little Red School House*

(425) 775-6070 ext 11



Sometimes life is scary....

Like when you are expecting a baby for the first time.

Do you.....

- Feel like your plans for the future have changed?
- Need information?
- Need Support and encouragement?

For more information or to make an appointment, call:

425.771.6070, ext. 11

Baby's best start begins with you! During pregnancy, your nurse will:

- Help you find answers to your questions about being pregnant.
- Help you make healthy choices about your health and pregnancy.
- Help you prepare for labor and the birth of your baby.

After baby comes, your nurse will:

- Bring information about feeding and caring for your baby.
- Help you learn about how babies grow and develop.
- Listen to your needs and concerns as a new mother.
- Help you achieve your goals for the future.



The program is open to first-time mothers 21 years of age and under. It is voluntary and offered at no charge.

It begins early in pregnancy and continues to the baby's 2nd birthday.



**Taking care of our children is the most important, most wonderful, and most challenging job in our society!**